

Readings for 9:30am Worship

Sunday 8th August

Collect for the Tenth Sunday after Trinity

Lord of heaven and earth,
as Jesus taught his disciples to be persistent in prayer,
give us patience and courage never to lose hope,
but always to bring our prayers before you;
through Jesus Christ our Lord.

Amen

Post Communion Prayer

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust in you:
look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord.

Amen

Ephesians 4:1-13 (p.1175)

4 As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. **2** Be completely humble and gentle; be patient, bearing with one another in love. **3** Make every effort to keep the unity of the Spirit through the bond of peace. **4** There is one body and one Spirit, just as you were called to one hope when you were called; **5** one Lord, one faith, one baptism; **6** one God and Father of all, who is over all and through all and in all.

7 But to each one of us grace has been given as Christ apportioned it. **8** This is why it says:

‘When he ascended on high,
he took many captives
and gave gifts to his people.’

9 (What does ‘he ascended’ mean except that he also descended to the lower, earthly regions? **10** He who descended is the very one who ascended higher than all the heavens, in order to fill the whole universe.) **11** So Christ himself gave the apostles, the prophets, the

evangelists, the pastors and teachers, ¹² to equip his people for works of service, so that the body of Christ may be built up ¹³ until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

John 6:24-35 (p.1070)

²⁴ Once the crowd realised that neither Jesus nor his disciples were there, they got into the boats and went to Capernaum in search of Jesus.

²⁵ When they found him on the other side of the lake, they asked him, 'Rabbi, when did you get here?'

²⁶ Jesus answered, 'Very truly I tell you, you are looking for me, not because you saw the signs I performed but because you ate the loaves and had your fill. ²⁷ Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval.'

²⁸ Then they asked him, 'What must we do to do the works God requires?'

²⁹ Jesus answered, 'The work of God is this: to believe in the one he has sent.'

³⁰ So they asked him, 'What sign then will you give that we may see it and believe you? What will you do? ³¹ Our ancestors ate the manna in the wilderness; as it is written: "He gave them bread from heaven to eat."^[a]

³² Jesus said to them, 'Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³ For the bread of God is the bread that comes down from heaven and gives life to the world.'

³⁴ 'Sir,' they said, 'always give us this bread.'

³⁵ Then Jesus declared, 'I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.'